

# 16 Week SAT Study Plan

The following is a 16-week SAT study plan. Depending on when you begin your preparation, you may need to adjust this plan accordingly. The key to success is to start with a diagnostic score and then use resources like Khan Academy to build your skills and strategies. Avoid jumping into CollegeBoard practice exams before you're familiar with the content; focus first on learning the material. Watch the Khan video lessons, read through the accompanying materials that teach essential skills and strategies, and practice by answering questions while reviewing the detailed explanations for each answer. This approach will ensure a solid foundation before you attempt the official exams.

You must engage in Deliberate Practice throughout your preparation. Deliberate Practice means actively recognizing areas in which you need further improvement by completing more practice questions and identifying specific skills that require additional focus. After gaining this solid understanding of the content, you should then begin taking CollegeBoard Digital exams and working through the CollegeBoard Supplemental Questions. Practice, practice, and more practice is the path to SAT mastery.

## Notes:

1. The number of available CollegeBoard Digital PSAT and SAT exams is limited, so it's crucial not to "waste" them by immediately taking test after test. Before diving into these exams, you must first focus on learning the strategies and building content knowledge via Khan Academy.
2. Even if you've already taken the PSAT, the CollegeBoard Digital PSAT exams offer valuable practice. These exams mirror the content, structure, and question types found on the SAT. Therefore, consider the two digital PSAT exams as additional SAT practice opportunities.
3. All official CollegeBoard Digital Exams must be taken under timed, test-like conditions. Ensure you're in a quiet environment, with your phone put away, to replicate the actual testing experience.
4. Do not download the Official SAT Practice Exams and complete these exams on paper! On test day, the exam will only be available digitally. Additionally, the SAT is adaptive\*, and paper exams do not reflect the adaptive nature of the test.

\*Based on how students perform on the first module of the test, the second module will either be easier or more difficult.

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## FREE:

**Khan Academy SAT Course\*** ([www.khanacademy.org](http://www.khanacademy.org))

**CollegeBoard Exams** <https://satsuite.collegeboard.org/practice/practice-tests/bluebook>

CollegeBoard scores practice exams and provides answer explanations

- 6 CollegeBoard SAT Exams
- 2 CollegeBoard 11th Grade PSAT Exams
- 2 CollegeBoard 10th Grade PSAT Exams (good practice!)

\*Khan Academy SAT Course provides videos and College-Board sponsored worksheets. For a 4 week tutor led course, Khan Academy has partnered with SchoolHouse, a non-profit that provides free SAT tutoring:

<https://www.khanacademy.org/test-prep/digital-sat>

**Pre Week #1:** Learn about the Digital SAT by reading Unit #1 on [www.khanacademy.org](http://www.khanacademy.org).

**Week 1: College-Board Digital Test #3 (This will serve as a diagnostic/starting point)** \*Digital Tests #1 and #2 are significantly easier than Tests 3-6 and should not be used as diagnostics.

**Weeks 2- 4:** Practice 3 hours each week with the Khan Academy Course ([www.khanacademy.org](http://www.khanacademy.org)). Start with Foundations Unit #2 and work up to Advanced - Reading/Writing and Math.

- Watch the instructional videos
- Complete all the questions - Easy, Medium, Hard

**Week 5:** Test #1

**Week 6:** Test #1 Supplemental Questions (See below where to find the CollegeBoard Supplemental Questions), HSDQ Punctuation Worksheets (Found under Worksheets icon on the HSDQ Student Homepage - top right corner)

**Week 7:** Test #2

**Week 8:** Test #2 Supplemental Questions, HSDQ Subject/Verb Worksheets

**Week 9:** Test #4

**Week 10:** Test #4 Supplemental Questions, HSDQ Pronoun Worksheets

**Week 11:** PSAT Test #1



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**Week 12:** PSAT Test #2

**Week 13:** SAT Test #5

**Week 14:** Test #5 Supplemental Questions, HSDQ Dangling Modification Worksheets

**Week 15:** Test #6

**Week 16:** Test #6 Supplemental Questions

The Supplemental Questions are located at the bottom of each practice exam report under "Practice Specific Questions." You can find this report on your CollegeBoard Student Page under SAT Practice Tests.

